

Seattle protects a mother's right to breastfeed in public

In Seattle and Washington State, women have the right to breastfeed their children in public places.

Women may breastfeed or pump breast milk in places such as restaurants, pools, theaters, government buildings, museums, libraries, buses and parks. No one, including business owners or employees, can tell a mother to leave, go to the restroom or cover her child.



(Photo Courtesy of Breastfeeding Coalition of WA)

Breastfeeding is an important part of raising a healthy baby. Feeding babies only breast milk for the first six months of life and continued breastfeeding for at least one year reduces health risks.

For more information contact the Seattle Office for Civil Rights, 206-684-4500, or visit www.seattle.gov/civilrights.



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